Summer Lightweight Backpacking Gear List For Summer Sierras (two person) For a Three Day Weekend Trip (three days and two nights out)

Weight Summary	Pounds	Kilograms
(1) Total Worn or Carried While Hiking*	4.3	1.9
(2) Total Base Weight in Pack*	8.8	4.0
(3) Total Weight of Consumables*	6.9	3.1
(4) Full Skin-Out Base Weight (1) + (2)	13.1	5.9
(5) Total Initial Pack Weight (2) + (3)	15.7	7.1
(6) Full Skin-Out Weight (1) + (2) + (3)	19.9	9.0
* Shared group gear like tent, cooking eq	uipment, fuel, camera etc. are halved for an individual p	ortion of weight

Clothing Worn While Hiking	T			WEIGHT		Shared
FUNCTION	STYLE/Rationale	EXAMPLE	Alternate	Ounces	Grams	Gear?
hiking hat	full brim - super sun protection	Sunday Afternoons Adventure Hat	Tilly, nylon ball cap	3.0		
-	merino wool or synthetic - long sleeve	Smartwool Micro-weight crew				
hiking shirt	use for base layer, hiking shirt & sun protection	Ibex or other merino wool shirts	Synthetic: Patagonia Capaline 1, long sleeve	6.1	173	
hiking shirt (alternate/backup)	a lighweight nylon shirt	Rail Riders Ecco Mesh (6 oz)	Many other thin nylon shirts		0	
briefs and/or bra	light, breathable, fast drying	Patagonia Capaline and others		5.0	142	
	nylon convertible, wear as shorts, absorb little water,	DEl Cabara Caruartible Dante	Deil Didere and many other sules trail south	10.0	0.40	
pants biking feetweer	quick dry, wind resistant, good pockets Boot or running shoes: light, flexible	REI Sahara Convertible Pants Boot: Inov-8 rocklite 370 (or other LW fabric boots)	Rail Riders and many other nylon trail pants	12.0	340 737	
hiking footwear hiking socks	merino wool running	Smartwool Adrenaline mini crew	Shoe: Inov-8 Terroc 330 (other light trail runners) Possibly thicker wool/synthetic socks	26.0 1.9		
sunglasses	photochomatic (light sensitive) & polarized	Smith Factor	Coyote and others	0.8		
navigation watch	good menu, baro altimeter, mag compass	Suunto X6	High Gear, or conventional Timex watch	1.9		
Other Items Worn or Carried	5		3,	WEIGHT		Shared
FUNCTION	STYLE/Rationale	EXAMPLE		Ounces	Grams	Gear?
Maps (navigation)	Standard USGS (2) paper maps in baggie	(2) USGS 7.5 min paper maps in baggie	Custom waterproof maps from Nat Geo TOPO!	5.0	142	Y
Compass (navigation)	Easy to use, with declination adjustment	Brunton Eclipse Adventure Race Compass	Brunton Base plate Compass 7DNL (.9 oz)	1.7	48	Y
GPS (navigation)	good internal maps, light, excellent performance	eTrex Legend HCx	eTrex Vista HCx, Magellan Triton (under 7 oz)	5.5	156	Y
camera	semi waterproof digital	Olympus Stylus u830 (5.3 oz when taken)			0	Y
tripod	small, light, actually works	Joby Gorilla Pod (1.5 oz when taken)			0	Y
trekking poles	light, strong, work as tarp poles	REI UL Carbon Trekking poles (compact)	Just about any poles under 16 oz per pair	5.4	153	
Other Clothing				WEIGHT	-	Shared
FUNCTION	STYLE/Rationale	EXAMPLE		Ounces	Grams	Gear?
terms including (here is directed)	synthetic fill for trail stops & camp - light, warm, works	Bozeman Mountain Works Cocoon Hoodie	Wesern Mountaineering down jacket, many	o -		
torso insulation (hooded jacket)	wet or damp, minimal weight and bulk	(Backpacking Light product)	synthetic filled jackets (try for less than 16 oz)	9.5	269	
base layer bottom	merino wool	Smartwool or Ibex merino wool long johns	Synthetic: Patagonia Capaline 1 bottoms	5.0	142	
rain jacket	light, breathable, full zip	The North Face Diad	Integral Designs eVENT, OR Zealot, GoLite Virga, Marmot Essence or Mica (try for less than 10 oz)	7.8	221	
rain jacket rain pants	light & breathable	Golite Reed	many other rain pants (try for 8 oz or under)	7.8		
wind jacket	very breathable, has hood	GoLite Either wind shirt	OR, Montbell, Montane, others (3-5 oz versions)	3.0		
warm hat	cold hiking/sleeping in hoodless bag	Serius micro fleece balaclava	Other fleece balaclavas (2-3 oz versions)	1.2		
gloves	thin and light - pot handling	Possum down, or Smartwool	many wool, fleece and synthetic gloves (2-3 oz)	1.2		
glove shells for rain	WP/B Gtx Packlite (for rain/warmth)	Outdoor Research Endeavor Mitt	Mountain Laurel Designs eVENT mitts (1 oz)	3.5		
extra socks	thin merino wool blend	Smartwool Adrenaline	Possibly thicker wool/synthetic socks	1.9		
Shelter and Sleep System	1			WEIGHT		Shared
FUNCTION	STYLE/Rationale	EXAMPLE		Ounces	Grams	Gear?
	looks & works like a real tent, reasonable space,		Many options from Six Moon Designs, TarpTent,			
shelter (tent) using trekking poles	(usually sets up with trekking poles)	Six Moon Designs Refuge (silnylon version)	Big Agnes, Big Sky Int'l (try for 2.5 lb or under)	28.0	794	Y
optional free standing tent	easier setup? (or at least personal preference)	Big Sky International tents	Big Agnes and others (try for 3.5 lb or under)			
tent stakes	titanium skewer stakes	Gossamer Gear Ti Stakes (8)	5 inch aluminum Y stakes	1.8	51	Y
guy lines	included w tent weight	Gossamer Gear EZC Line	many other light cords		0	Y
sleeping bag	32 F rating, full zip, full hood, generous size	Western Mountaineering SummerLite	many other lght weight 30-4 F bags less than 24 oz	19.0		
ground sheet	not needed (tent has floor)		polyethylene or type sheet to protect tent floor		0	
sleeping pad	comfort - self inflating air mattress - good size	Therm-a-Rest NeoAir pad (2.5 in thick!) 20x27 in	Therm-a-Rest ProLite 3 pad	9.0	255	01
Packing				WEIGHT		Shared
	comfort - self inflating air mattress - good size STYLE/Rationale	Therm-a-Rest NeoAir pad (2.5 in thick!) 20x27 in EXAMPLE	Therm-a-Rest ProLite 3 pad		255 Grams	Shared Gear?
Packing FUNCTION	STYLE/Rationale	EXAMPLE	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer	WEIGHT Ounces	Grams	
Packing FUNCTION backpack	STYLE/Rationale internal frame, light, durable, good volume	EXAMPLE Six Moon Designs Comet (60 Liter capacity)	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under)	WEIGHT Ounces 29.0	Grams 822	
Packing FUNCTION backpack waterproof pack liner	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry	EXAMPLE	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene)	WEIGHT Ounces 29.0 1.0	Grams 822 28	
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack	STYLE/Rationale internal frame, light, durable, good volume	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under)	WEIGHT Ounces 29.0	Grams 822 28 57	
Packing FUNCTION backpack waterproof pack liner	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack)	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags	WEIGHT Ounces 29.0 1.0 2.0	Grams 822 28 57	
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack)	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags	WEIGHT Ounces 29.0 1.0 2.0 1.0	Grams 822 28 57	Gear?
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT	Grams 822 28 57 28	Gear?
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT	Grams 822 28 57 28 Grams 28	Gear? Shared Gear? Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnyion STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit)	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly)	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0	Grams 822 28 57 28 Grams 284 0	Gear? Shared Gear? Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit)	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1	Grams 822 28 57 28 Grams 284 284 0 88	Gear? Shared Gear? Y
Packing FURCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter)	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 0.6	Grams 822 28 57 28 Grams 284 0 88 17	Gear? Shared Gear? Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly)	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 0.6 3.0	Grams 822 28 57 28 Grams 284 0 88 17 85	Gear? Shared Gear? Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot cheap plastic supermarket storage container Snow Peak 600	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) ittanium pot (but not much lighter) skip the mug and just use the bowl	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 3.1 0.6 6 3.0 0.4	Grams 822 28 57 28 Grams 284 0 88 177 85 11	Gear? Shared Gear? Y Y
Packing FURCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 0.6 3.0 0.4 4 0.4	Grams 822 28 57 28 Grams 284 00 888 17 85 111 11	Gear? Shared Gear? Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) ittanium pot (but not much lighter) skip the mug and just use the bowl	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 3.1 0.6 3.0 0.4 0.4 3.2	Grams 822 28 57 28 Grams 284 0 88 17 85 11 11 91	Gear? Shared Gear? Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus Water Bottle	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 0.6 6 3.0 0.4 0.4 0.4 1.0 2.0 1.0 0.1 0.0 1.0 0.0 0	Grams 822 28 57 28 6rams 284 0 88 17 85 11 11 91 28	Gear? Shared Gear? Y Y
Packing FURCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models)	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 0.6 3.0 0.4 4 0.4 3.2 1.0.0 2.8	Grams 822 28 57 28 Grams 284 0 88 17 85 111 11 91 28 79	Gear? Shared Gear? Y Y Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus Water Bottle	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon dry bags Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 0.6 6 3.0 0.4 0.4 0.4 1.0 2.0 1.0 0.1 0.0 1.0 0.0 0	Grams 822 28 57 28 Grams 284 0 88 17 85 111 11 91 28 79	Gear? Shared Gear? Y Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack stuff sack clothing stuff sack clot	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models)	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 0.6 6 3.0 0.4 0.4 3.2 1.0 0.4 3.2 1.0 0.4 3.2 1.0 0.4 0.4 3.2 1.0 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0	Grams 822 28 57 28 Grams 284 0 88 17 85 111 11 91 28 79	Gear? Shared Gear? Y Y Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage food storage Other Essentials	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method food hanging bag for two - food storage in pack	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models)	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 10.0 3.1 0.66 3.0 0.4	Grams 822 28 57 28 6rams 284 0 88 117 85 111 91 288 79 48	Gear? Shared Gear? Y Y Y Y Y Y Shared
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage food storage Other Essentials FUNCTION	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method food hanging bag for two - food storage in pack STYLE/Rationale	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models)	WEIGHT Ounces 29.0 1.0 2.0 1.0 WEIGHT Ounces 3.0 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0	Grams 822 28 57 28 6rams 284 0 88 117 91 28 79 48 79 48 79 48 79 48 79 31	Gear? Shared Gear? Y Y Y Y Y Y Shared Gear?
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack took gat took pot bowl mug lignite fuel utensil hydration system spare water container food storage clotd storage clotd storage clotd storage Cother Essentials FUNCTION personal hygiene	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method food hanging bag for two - food storage in pack STYLE/Rationale toilet kit	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables)	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models)	WEIGHT Ounces 29.0 1.0 20.0 1.0 WEIGHT Ounces 10.0 0.4 0.4 0.4 0.4 0.4 0.4 0.4	Grams 822 28 577 28 6rams 284 0 88 17 85 11 91 28 79 48 79 48 6rams 31 43	Gear? Shared Gear? Y Y Y Y Y Y Shared Gear?
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system Spare water container food storage food storage Other Essentials FUNCTION personal hygiene bathing towel (tent wall wipe)	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method food storage in pack STYLE/Rationale toilet kit pack towel	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus With standard hose 3 liter Platypus With standard hose 2 liter Platypus With standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables) Cascade Designs medium PackTowel toothbrush, floss, toothpaste small knife w scissors, headlamp, fire starting kit, DEET	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models)	WEIGHT Ounces 29.0 1.0 20.0 1.0 WEIGHT Ounces 3.1 0.6 3.0 0.4 3.2 1.0 2.8 1.7 WEIGHT Ounces 1.1 1.5	Grams 822 28 577 28 6rams 284 0 88 17 85 11 91 28 79 48 79 48 6rams 31 43	Gear? Shared Gear? Y Y Y Y Shared Gear? Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage Other Essentials FUNCTION personal hygiene	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method food storage in pack STYLE/Rationale toilet kit toilet kit teeth cleaning kit for two	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables) Cascade Designs medium PackTowel toothbrush, floss, toothpaste small knife w scissors, headlamp, fire starting kit, DEET in small bottle, paper & pen [all above in Granite Gear	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models) Equinox Bear Bag, many other silnylon stuffs	WEIGHT Ounces 29.0 1.0 20.0 1.0 WEIGHT Ounces 3.1 0.6 3.00 0.4	Grams 822 28 577 28 Grams 284 0 88 17 855 111 111 911 28 Grams 313 57	Gear? Shared Gear? Y Y Y Y Shared Gear? Y Shared Gear?
Packing FUNCTION backpack waterproof pack liner sideping bag stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage Tother Essentials FUNCTION personal hygiene bathing towe (tent wall wipe) personal hygiene	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fual efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method food hanging bag for two - food storage in pack STYLE/Rationale toilet kit pack towel teeth cleaning kit for two miscellaneous	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Ant Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables) Cascade Designs medium PackTowel toothbrush, floss, toothpaste small knife w scissors, headlamp, fire starting kit, DEET in small bottle, paper & pen [all above in Granite Gear zip Silnylon bag]	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models)	WEIGHT Ounces 29.0 1.0 2.0 1.0.0 WEIGHT Ounces 10.0 3.1 0.6 3.0 0.4 <td>Grams 822 28 577 288 6rams 284 0 888 111 91 288 79 48 79 48 79 48 31 43 57 170</td> <td>Gear? Shared Gear? Y Y Y Y Shared Gear? Y</td>	Grams 822 28 577 288 6rams 284 0 888 111 91 288 79 48 79 48 79 48 31 43 57 170	Gear? Shared Gear? Y Y Y Y Shared Gear? Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack took pat bowl mug ignite fuel utensil hydration system spare water container food storage Other Essentials FUNCTION personal hygiene bathing towel (tent wall wipe) personal hygiene ditty bag light	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium 2 liters bear hanging rope + micro biner for PCT method food hanging bag for two - food storage in pack STYLE/Rationale tölet kit pack towel teeth cleaning kit for two miscellaneous used for most tasks, worn around neck	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus With standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables) Cascade Designs medium PackTowel toothbrush, floss, toothpaste small knife w scissors, headlamp, fire starting kit, DEET in small bottle, paper & pen [all above in Granite Gear zip Silnylon bag] Photon Freedom on string with whistle	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models) Equinox Bear Bag, many other silnylon stuffs kinife = swiss army classic, spydeco ladybug, etc.	WEIGHT Ounces 29.0 1.0 20.0 1.0 0.0 1.0 3.1 0.6 3.0 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.2 1.0 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.5 0.0 0.0 0.0 0.0 0.0 0.0	Grams 822 28 577 28 6rams 284 0 88 177 855 111 111 911 985 6rams 31 57 170 n/a	Gear? Shared Gear? Y Y Y Y Shared Gear? Y Y Y Y Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage Other Essentials FUNCTION personal hygiene ditty bag light headlamp	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method fool storage in pack STYLE/Rationale toilet kit pack towel teeth cleaning kit for two miscellaneous used for most tasks, worn around neck smail, easily replaceable battery	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables) Cacade Designs medium PackTowel toothbrush, floss, toothpaste small knife w scissors, headlamp, fire starting kit, DEET in small bottle, paper & pen [all above in Granite Gear zip Sinylon bag] Photon Freedom on string with whistle Petzl e+LITE	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models) Equinox Bear Bag, many other silnylon stuffs	WEIGHT Ounces 29.0 1.0 20.0 1.0 WEIGHT Ounces 3.1 0.6 3.0 0.4 3.2 1.0.0 2.8 1.7 WEIGHT Ounces 1.1 1.5 2.0 6.0 in ditty	Grams 822 28 577 28 Grams 284 0 855 111 11 11 28 79 48 79 48 79 48 79 48 79 48 79 48 79 48 79 48	Gear? γ
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack took pat bowl mug ignite fuel utensil hydration system spare water container food storage Other Essentials FUNCTION personal hygiene bathing towel (tent wall wipe) personal hygiene ditty bag light	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium 2 liters bear hanging rope + micro biner for PCT method food hanging bag for two - food storage in pack STYLE/Rationale tölet kit pack towel teeth cleaning kit for two miscellaneous used for most tasks, worn around neck	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE Cascade Designs medium PackTowel toothbrush, floss, toothpaste small knife w scissors, headlamp, fire starting kit, DEET in small bottle, paper & pen [all above in Granite Gear 2 jp Silnylon bag] Photon Freedom on string with whistle Petzl e+LITE Naprosin, duct tape, bandages, antibiotic cream etc	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models) Equinox Bear Bag, many other silnylon stuffs kinife = swiss army classic, spydeco ladybug, etc.	WEIGHT Ounces 29.0 1.0 20.0 1.0 0.0 1.0 3.1 0.6 3.0 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.2 1.0 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.5 0.0 0.0 0.0 0.0 0.0 0.0	Grams 822 28 577 28 Grams 284 0 855 111 11 11 28 79 48 79 48 79 48 79 48 79 48 79 48 79 48 79 48	Gear? Shared Gear? Y Y Y Y Shared Gear? Y Y Y Y Y Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack tule container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage Other Essentials FUNCTION personal hygiene bathing towel (tent wall wipe) personal hygiene ditty bag light headlamp first aid	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium 2 liters bear hanging rope + micro biner for PCT method food hanging bag for two - food storage in pack STYLE/Rationale toilet kit pack towel teeth cleaning kit for two miscellaneous used for most tasks, worn around neck small, easily replaceable battery full kit	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables) Cascade Designs medium PackTowel toothbrush, floss, toothpaste small knite we scissors, headlamp, fire starting kit, DEET in small bottle, paper & pen [all above in Granite Gear zip Silnylon bag] Photon Freedom on string with whistle Petzl e+LITE Naprosin, duct tape, bandages, antibiotic cream etc Light My Fire Firesteel Scout Fire starter, Tinder-Quick	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models) Equinox Bear Bag, many other silnylon stuffs kinife = swiss army classic, spydeco ladybug, etc.	WEIGHT Ounces 29.0 1.0 20.0 1.0 0unces 10.0 3.1 0.6 3.0 0.4	Grams 822 28 57 28 6rams 284 0 88 17 85 111 91 91 93 79 48 6rams 31 57 170 n/a 170	Gear? Shared Gear? Y
Packing FUNCTION backpack waterproof pack liner sleeping bag stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage Other Essentials FUNCTION personal hygiene ditty bag light headlamp first aid fire starting	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium mini butane lighter titanium 2 liters bear hanging rope + micro biner for PCT method fool danging bag for two - food storage in pack STYLE/Rationale loilet kit pack towel teeth cleaning kit for two miscellaneous used for most tasks, worn around neck smail, easily replaceable battery full kit trout cooking <grin>, emergency fire starting</grin>	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables) Cascade Designs medium PackTowel toothbrush, floss, toothpaste small knife w scissors, headlamp, fire starting kit, DEET in small bottle, paper & pen [all above in Granite Gear zipslnylon bag] Photon Freedom on string with whistle Petzl e+LITE Naprosin, duct tape, bandages, antibiotic cream etc Light My Fire Firestell Scout Fire starter, Tinder-Quick	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models) Equinox Bear Bag, many other silnylon stuffs kinife = swiss army classic, spydeco ladybug, etc.	WEIGHT Ounces 29.0 1.0 20.0 1.0 WEIGHT Ounces 3.1 0.6 3.0 0.4.0 3.0 0.4 0.5 0.0 in ditty in ditty	Grams 822 28 577 28 6rams 284 0 88 17 85 111 11 911 28 79 48 79 48 79 48 79 48 79 48 79 48 79 48 79 48 79 48 79 48 79 48 77 70 170 n/a 170 n/a 170 n/a	Gear? Shared Gear? Y
Packing FUNCTION backpack waterproof pack liner sideping bag stuff sack clothing stuff sack clothing stuff sack clothing stuff sack Cooking and Water FUNCTION stove & full mess kit fuel container cook pot bowl mug ignite fuel utensil hydration system spare water container food storage Other Essentials FUNCTION personal hygiene bathing towel (tent wall wipe) personal hygiene ditty bag light headamp first aid fire starting sunscreen	STYLE/Rationale internal frame, light, durable, good volume keep pack contents dry down bag, very wet weather silnylon STYLE/Rationale light, fuel efficient, alcohol fuel (green) integrated stove, pot and windscreen plastic (included in mess kit) aluminum (included in mess kit) aluminum (included in mess kit) 14 oz capacity titanium 2 liters bear hanging rope + micro biner for PCT method food hanging bag for two - food storage in pack STYLE/Rationale toilet kit pack towel teeth cleaning kit for two miscellaneous used for most tasks, worn around neck small, easily replaceable battery full kit	EXAMPLE Six Moon Designs Comet (60 Liter capacity) plastic pack liner or Mylar turkey bag silnylon (Outdoor Research Helium Dry Sack) Outdoor Research Helium Quick Sacks EXAMPLE Anti Gravity Gear: Trail Designs Caldera Kitchen for AGG 3 Cup Pot Fuel Bottle with spout (empty) + measuring cup AGG 3 cup pot Cheap plastic supermarket storage container Snow Peak 600 BPL SUL Long Handled Titanium Spoon 2 liter Platypus with standard hose 2 liter Platypus with standard hose 2 liter Platypus Water Bottle AirCore Pro URSA Dyneema Bear Bag Rope - 50 ft Granite Gear Air Grocery Bag EXAMPLE alcohol hand gel, Ziploc bag, (TP in consumables) Cascade Designs medium PackTowel toothbrush, floss, toothpaste small knite we scissors, headlamp, fire starting kit, DEET in small bottle, paper & pen [all above in Granite Gear zip Silnylon bag] Photon Freedom on string with whistle Petzl e+LITE Naprosin, duct tape, bandages, antibiotic cream etc Light My Fire Firesteel Scout Fire starter, Tinder-Quick	Therm-a-Rest ProLite 3 pad Granite Gear Vapor Trail, ULA packs, Gossamer Gear Packs, GoLite Packs (try for 2 lb or under) Other plastic bags (2 mm polyethylene) Many other mfrs of silnylon stuff sacks Many other mfrs of silnylon stuff sacks Snow Peak Giga stove & butane/propane canister (but not very environmentally friendly) titanium pot (but not much lighter) skip the mug and just use the bowl just about any plastic or lean spoon many others (avoid heavy full featured models) Equinox Bear Bag, many other silnylon stuffs kinife = swiss army classic, spydeco ladybug, etc.	WEIGHT Ounces 29.0 1.0 1.0 10.0 3.1 0.6 3.0 0.4 0.0 6.0 in ditty in ditty 1.0	Grams 822 28 57 28 6rams 284 0 88 17 85 111 91 91 93 79 48 6rams 31 57 170 n/a 170	Gear? Shared Gear? Y
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