### **Bike Ride Guidelines:**

1. **Be Prepared**
   * Bring a helmet, water, snacks, and essential tools (e.g., tire repair kit, pump).
   * Ensure your bike is in good working condition (check brakes, tires, and gears).
2. **Ride at a Safe Pace**
   * Ride at a pace that’s comfortable for everyone. We’ll stay together as a group.
   * If you're faster, wait at designated points; if you're slower, let the group know.
3. **Signal and Communicate**
   * Use hand signals for turns and stops. Call out hazards (e.g., “hole!” or “car!”) to keep everyone safe.
   * Stay aware of the rider behind you and check in regularly.
4. **Stay on the Right**
   * Ride in single file on narrow roads and always stay to the right unless overtaking.
5. **Follow Traffic Rules**
   * Obey all traffic signals, stop signs, and road signs. Be mindful of vehicles.
   * Always yield to pedestrians and use bike lanes where available.
6. **Keep a Safe Distance**
   * Maintain a safe distance from other riders to avoid collisions. Avoid tailgating.
   * When overtaking, do so safely, and announce your presence (“On your left!”).
7. **Group Riding Etiquette**
   * Ride predictably and avoid sudden movements. Don’t swerve or stop abruptly.
   * Keep conversations friendly but avoid distractions that could compromise safety.
8. **Wear Visible Clothing**
   * Wear bright or reflective clothing for better visibility, especially in low-light conditions.
9. **Take Breaks**
   * Take regular breaks to rest, hydrate, and enjoy the ride. Designate stops along the way.
10. **Respect the Environment**

* Stick to designated bike paths and trails. Leave no trace and avoid littering.

By following these simple guidelines, you’ll help create a fun, safe, and enjoyable biking experience for all participants.